



MND Scotland exists to help people affected by motor neurone disease in Scotland by providing care, information and funding research. The Scottish MND community comprises those living with the disease - along with their families, carers and the health and social care professionals supporting them.

We have a comprehensive list of factsheets available to download from our website or to be posted out as paper copies if you do not have internet access. These factsheets cover a wide range of topics of interest to those with MND, their families and carers. See overleaf for the current list.

Our Information Officer/Librarian is happy to deal with any additional general queries you may have. Our MND Care Team will also be happy to follow up any questions specific to the condition. The service is *free* for people with MND, their families and carers. Donations are welcomed from health and social care professionals.

The MND Library & Information Service

Enquiries – enquiries on any aspect of living with motor neurone disease are welcomed by email, telephone, fax, or by post.

Visit - a visit to the library will allow you to make the best use of our service so please make an appointment. The premises have disabled access.

Consult - books, journals, conference proceedings or items from our media collection on any of the following topics:

- Motor Neurone Disease
- Palliative Care
- Carers
- Disability Issues
- State Benefits and Allowances

MND Scotland is the working name of the Scottish Motor Neurone Disease Association, the only charity funding research and providing care and information for those affected by MND in Scotland.

- Bereavement
- Community Care
- Complementary Medicine
- Health Care
- Charity Management

Download - Publications and reading lists from our website www.mndscotland.org.uk

Search - the online library catalogue from any pc at www.shelcat.org/pmnd

Borrow – items by registering for a library membership card. A Library User Registration Form can be downloaded from the library page of our website or sent to you by post.

Literature Searches - Request a literature search on any aspect of MND as the library has access to biomedical databases via the NHS Scotland e-library www.elib.scot.nhs.uk

MND Community Space

Health & social care professionals with an Athens password for the NHS Scotland e-library can request access to the above for publications, news and discussions on aspects of MND.

Keep Up To Date A monthly current awareness bulletin "*MND Research Update*" can be emailed direct to your pc or downloaded from our website.

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Factsheets Available from 2009

Introductory

- 1 What is MND? An introduction
- 1B What is MND? More Detailed
- 2 Inherited MND
- 3 Introducing Genetics
- 3B Disease Inheritance
- 4 Benefits in Brief
- 15 Palliative Care
- 15A Caring at Home
- 20 Library and Information Service
- 23 Tools to Help You
- 27 Coping With MND
- 29 Telling Children About MND
- 31 Sources of Support
- 32 MND Scotland
- 38 Financial and Legal Considerations
- 42 Being a Carer
- 43 Useful Organisations
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- 49 Managing Your Money

Motoring & Travel

- 9 Travelling and Holidays
- 12 Travel Insurance
- 17 Motoring and MND
- 37 Long Distance Travel

Physical Disability

- 5A Assistive Equipment
- 5B Maintaining Mobility
- 5C Getting the Best From Physiotherapy
- 5D Aids to Maintain Mobility
- 19 Sexuality and MND*
- 21 Clothing and MND
- 33 Managing MND

Research, Drugs and Trials

- 10 Creatine
- 11 Vitamins and MND
- 16 Stem Cells
- 18 Clinical Trials
- 22 Riluzole
- 26 Current Research
- 28 Complementary Therapies
- 39 Lithium

Communications, Breathing and Feeding

- 6 Feeding Tubes
- 30 Communication Strategies
- 34 Adapting to Swallowing Problems
- 35 Breathing Matters
- 36 Oral Health

Advanced and Legal Issues

- 7 Helping Children After MND
- 8 Care Planning & End of Life Issues
- 13 Coping after Bereavement*
- 14 Making A Will and Leaving Legacies
- 24 Powers of Attorney
- 25 Guardianship and Intervention Orders
- 40 Ventilation in MND
- 44 Advance Directives
- 45 After a Bereavement
- 46 Bereavement Benefits
- 48 Medical Bequests

Excel Workbook

- Budget Tools.xls (MS Office 97-2003 compatible)
- Budget Tools.xlsx (MS Office 2007 version)

The above factsheets can be downloaded from the information section of our website or can be ordered in hard copy from our head office by calling 0141 945 1077.