



MND LIBRARY & INFORMATION SERVICE

Recommended reading materials for People with MND and their Families 2018

If you would like to borrow any items from the reading list, please contact us as we are happy to lend most of our resources free of charge. You are also welcome to visit our library but please phone to make an appointment as the Information Officer works part-time. Our office has disabled parking and access.

Please note that motor neurone disease is also known globally as Amyotrophic Lateral Sclerosis or Lou Gehrig's Disease.

FACTSHEETS – our full range of Factsheets is available to download from our website.

BOOKS – The books listed are general introductions recommended for Patients and Families

Navigating Life with Amyotrophic Lateral Sclerosis

Drs Mark Bromberg and Diane Banks Bromberg

Oxford University Press and American Academy of Neurology 2017

Motor Neurone Disease/The 'at your fingertips' guide.

Dr Stuart Neilson and Dr Frank Clifford Rose

Class Publishing 2006

Motor Neurone Disease. A Family Affair. 3rd edition

Dr David Oliver

Sheldon Press 2011

Amyotrophic Lateral Sclerosis. A Guide for Patients and Families 3rd edition

Edited by Hiroshi Mitsumoto

Demos Medical Publishing 2009

Strong USA bias

The library has a wider collection of patient material on different aspects of coping with the disease and many autobiographies. Ask the Information Officer for recommendations.

MND WEBSITES – A guide to finding quality information on MND/ALS on the internet. Also downloadable from our website.

MEDIA COLLECTION – A full listing of the library's video/DVD collection is also available from the Information Officer.

MND Scotland is the only charity funding research and providing care and information for those affected by MND in Scotland.

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