



# Accessible Holiday Facilities



**A break for people living  
with Motor Neurone Disease**

Available to all with  
or without a disability

## Accessible Holiday Facilities

If you are looking for a break from your daily routine, our accessible holiday accommodation could be perfect for you. We offer two accessible holiday facilities for use by people affected by Motor Neurone Disease (MND) and other disabilities.

Our accommodation can be booked by anyone, however if you are affected by MND you will receive a discount, and may be able to apply for our 'Time Out Grant' to put towards the cost.

*"Stunning accommodation with a real wow factor. All equipment provided is there to help me on my journey through MND. Comfortably furnished and equipped for all the family to enjoy. All you need to bring is the wine."*

**- Marlene Sim**



# Tralee Bay

## Benderloch, Argyll and Bute

Located on Scotland's stunning west coast, less than 10 miles outside of Oban, our accessible holiday chalet can sleep up to seven people.

The Tralee Bay Chalet has a double bed, alongside an adjustable bed. There is also a second bedroom with bunk beds and a sofa bed is located in the living area.

The chalet sits on Tralee Bay Holiday Park – a Scottish Tourist Board 5-star holiday park. Facilities include a children's play area, mini golf, laundrette, nearby forest walks, and a popular Rally Karting Centre.

Prices start from **£60 per night** or **£300 per week**, with a minimum 3-night stay. Discounts are available for people with Motor Neurone Disease and these may vary throughout the season.



# Clayton Lodge

## St Andrews, Fife

Located just minutes from historic St Andrews, and the famous Fife coastline, our accessible holiday lodge can sleep up to seven people.

The Clayton Lodge has a double bed, alongside an adjustable bed, with retractable wall panels in-between. There is a second bedroom with two single beds and a sofa bed is located in the living area. The Clayton Lodge includes a dishwasher and equipment charging area.



Clayton Lodge

The lodge sits on Clayton Caravan Park, which has its own restaurant and bar, with live events throughout the year. Facilities also include a laundrette, an indoor soft play area for kids, indoor games and amusements, and an outdoor play area.

Prices start from **£60 per night**, or **£300 per week**, with a minimum 3-night stay. Discounts are available for people with Motor Neurone Disease and these may vary throughout the season.

## All MND Scotland holiday facilities include:

- Full wet room
- Clos-o-Mat Toilet
- Tilt-in-Space shower chair
- Ceiling hoist (bed to wet room)
- Portable hoist with universal slings
- Fully adjustable bed with Medi-Pro mattress
- Riser Recliner chair
- Transit wheelchair
- Washer-dryer and fridge-freezer
- Wrap-around decking and access ramp

Please note that all of our accessible holiday facilities are non-smoking. No dogs or other pets allowed.

## Booking

To find out more about the accommodation, or about the discounts available to people affected by MND, please contact us on **0141 332 3903** or email [holidays@mndscotland.org.uk](mailto:holidays@mndscotland.org.uk).

## Other holidays

If you are eligible for our 'Time Out Grant', you may also use this on a holiday you organise yourself. Find out more at [www.mndscotland.org.uk/grants](http://www.mndscotland.org.uk/grants) or call us on **0141 332 3903**.

## Get in touch

For further information on our support or services contact us at:



0141 332 3903



info@mndscotland.org.uk



www.mndscotland.org.uk



MND Scotland  
Unit 2A  
6 Eagle Street  
Craighall Business Park  
Glasgow  
G4 9XA



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